

Delaware Society of Orthopaedic Surgeons



PRESIDENT'S ADDRESS

Peter Townsend, M.D.



Dear Colleagues:

I hope this letter finds you well, and having thrived in a year that has seen substantial changes within our field.

DSOS Board of Councilors 2014-2016

The AAOS, AMA, and all of you, the constituent members of the DSOS, were able to bring to bear on our members of Congress in Washington, enough constant lobbying efforts to repeal of the SGR. I congratulate all of you who helped in that effort, both through pressing the federal government into action, and your contributions to the Orthopaedic PAC.

Peter Townsend, M.D.

President

ICD10 has come, and washed over us like a tsunami, with a blistering avalanche of irritating codes X37.43XA, Tidal wave due to landslide, initial encounter. CMS has granted a one year coding grace period because of our collective whining, grouching, and haranguing. I again thank all of you who like to complain.

Stephen Malone, M.D.

President-Elect

This year also saw a temporary stay of the Independent Payment Advisory Board (IPAB). However, the IPAB could be re-initiated in 2017. The IPAB as many of you know is an unelected council, which will influence Medicare spending and payments in the future. By law, there can only be a minority of Healthcare providers on the board. In reality, the IPAB is the SGR in sheep's clothing. Moving forward into 2016, permanent repeal of the IPAB, along with a constraint of impending Meaningful Use criteria, should be a focus of our efforts.

Open

Treasurer/Membership

Advocacy is a critical part of our future. Dr. Bodenstab and I attended the National Orthopaedic Leadership Conference (NOLC) in Washington for the last two years, and look forward to the meeting in 2016. Being a part of the local and federal legislative process should be an ongoing effort for all members of the DSOS. Since this is an election year, it's incumbent on all of us to be involved.

Open

Secretary

Alex Bodenstab, M.D.

*DE Representative to AAOS
Board of Councilors*

The 2015 Delaware Orthopedic Symposium will be held at the Ammon Center on October 31 and it promises to be an outstanding event. The incoming first vice president of the AAOS, Dr. Gerald Williams will be a keynote speaker along with Drs. James Ficke and Douglas Lundy. Be sure to visit www.delawareorthopaedicsymposium.org for a list of topics, speakers and also to register.

Randeep Kahlon, M.D.

Program Chair

Preceding this year's symposium, will be a short DSOS business meeting, starting at 7:00 a.m. Immediately following the conclusion of the symposium at 1:00 p.m. will be an open table discussion with Dr. Williams, which is sure to be insightful.

Brian Galinat, M.D.

CAC Representative

Please consider attending the annual Bone Bash, on Friday, October 30 at the DuPont Country Club which benefits the Arthritis Foundation. This year's honoree is the very deserving Dr. William Newcomb.

I look forward to seeing you all at the Orthopaedic Symposium and business meeting.

Warm regards,

Peter F. Townsend M.D.

President, Delaware Society of Orthopaedic Surgeons



2015 DSOS Annual Business Meeting & AAOS Update

The DSOS Annual Business Meeting will take place before the 8th Annual Delaware Orthopaedic Symposium on Saturday, October 31, 2015 from 7:15-7:45 a.m. The meeting will be held in Room 10 of the John H. Ammon Medical Education Center and is open to all DSOS members.

Following the conclusion of the symposium at 1:00 p.m. will be an AAOS Update and open table discussion with Gerald Williams Jr., MD, First Vice President of the AAOS. All orthopaedic surgeons are invited to attend this meeting to be held in the auditorium of the Ammon Center.

If you have a topic for the DSOS Business meeting agenda please contact Megan Hayes at megan.hayes@medsocdel.org by **October 29**.

Saturday, October 31
2015 Delaware Orthopaedic Symposium
 8 a.m. - 1 p.m., Christiana Hospital, Newark, DE



8th Annual Delaware Orthopaedic Symposium

Saturday, October 31, 2015
 John H. Ammon Medical Education Center
 Christiana Hospital, Newark, Delaware
 8 a.m. – 1 p.m.

The Delaware Society of Orthopaedic Surgeons and Christiana Care Health System Department of Orthopaedic Surgery are pleased to present the 8th Annual Delaware Orthopaedic Symposium on Saturday, October 31, 2015 at Christiana Hospital in Newark, Delaware. Physicians and other health care professionals can expect to receive the highest quality education on the latest advancements in musculoskeletal health and orthopaedic surgery.

This year's symposium features three education tracks to include orthopaedic surgery, primary care orthopaedic medicine and orthopaedic nursing, a live spine dissection, poster presentations, a vendor area and continuing education credits. Breakfast and lunch are provided. The 2015 visiting speakers include Gerald R. Williams, Jr., M.D., First Vice-President of the AAOS; James R. Ficke, M.D. Director, Department of Orthopaedic Surgery at Johns Hopkins Medicine and Douglas W. Lundy, M.D. Co-President, Resurgens Orthopaedics.

For a detailed agenda and to register for this event please visit: <http://www.delawareorthopaedicsymposium.org/>.

Thank you to our 2015 Lead Sponsor...



Delaware Orthopaedic Symposium Exhibitors

Acumed
Arthritis Foundation
Christiana Care Imaging Services
Christiana Care Quality Partners
Christiana Care Rehabilitation Services
Depuy Synthes
Diagnostic Imaging
Dynamic Physical Therapy
iHCFA
Lawall Prosthetics-Orthotics Inc.
Liberty Surgical
MedEast Ortho
Physiotherapy
Pivot Physical Therapy
Propel Orthopaedic (Advanced Surgical)
Sanofi Biosurgery
Smith & Nephew
Stryker
Tornier
Zimmer

Poster Presentation



Don't forget to check out the research posters that will be on display at the Symposium! The purpose of the poster presentations is to share information and education as it relates to orthopaedic care. They are intended to be informal and to promote dialogue.

2015 Keynote Speakers



Gerald R. Williams Jr., MD

Dr. Williams is a board-certified orthopaedic surgeon who specializes in the care and treatment of shoulders. He practices with the Rothman Institute at Jefferson in Philadelphia where he is the chief of the division of shoulder and elbow surgery. Dr. Williams has served in various faculty positions since 1990 and currently is the John M. Fenlin, Jr., MD, Professor of Shoulder and Elbow Surgery at Jefferson Medical College.

After earning his bachelor's degree in Chemistry from Ursinus College, in Collegeville, Pa., Dr. Williams then was graduated with honors with a medical degree from Temple University in Philadelphia. He began his postgraduate training with an internship in orthopaedic surgery at the University of Texas Health Science Center in San Antonio, Texas, where he later completed a four-year residency in orthopaedic surgery and a one-year fellowship in shoulder surgery. Dr. Williams previously served in several volunteer leadership roles at the AAOS including a two-year term on the Board of Directors and chair of the CME Committee, as well as a position on the Committee on Shoulder and Elbow (1999).

Active in more than a dozen professional societies and councils, Dr. Williams has served as the president of the American Shoulder and Elbow Surgeons and has been a member of the Philadelphia Orthopaedic Society (President from 2002), the Pennsylvania Orthopaedic Society (President 2009), and the Mid-Atlantic Shoulder and Elbow Society (co-founder and President 2012-2014).

When Dr. Williams has free time, he enjoys spending it with his wife, Robin, and children, Mark and Alexis.



James R. Ficke, MD

Colonel James Ficke, M.D., is Robert O. Robinson Professor of Orthopaedic Surgery at the Johns Hopkins School of Medicine and director of the Department of Orthopaedic Surgery. He is also orthopaedist-in-chief of The Johns Hopkins Hospital. He is nationally renowned as an expert on the treatment of complex foot and ankle patients, lower extremity trauma patients and amputees. Dr. Ficke received his M.D. from Uniformed Services University of Health Sciences in 1987. He completed a transitional internship at Madigan Army Medical Center, and finished his residency in orthopaedic surgery at Tripler Army Medical Center. He also completed an AO fellowship in Trauma in Munich Germany, and a foot and ankle fellowship in Dallas.

During his deployment as deputy commander of clinical services at the 228th Combat Support Hospital in Mosul, Iraq, from 2004 to 2005, he was the senior orthopedic surgeon, treating more than 600 U.S. soldiers and Iraqi patients for war injuries.

Dr. Ficke has received numerous awards for his skills as a surgeon and educator, as well as two dozen military decorations and awards including the Bronze Star and Meritorious Service Medals. His service earned him the Society of Military Orthopaedic Surgeons' prestigious 2010 Colonel Brian Allgood Memorial Leadership Award, and The Surgeon General's 2010 Major General Lewis Aspey Mologne Award.

2015 Visiting Speaker

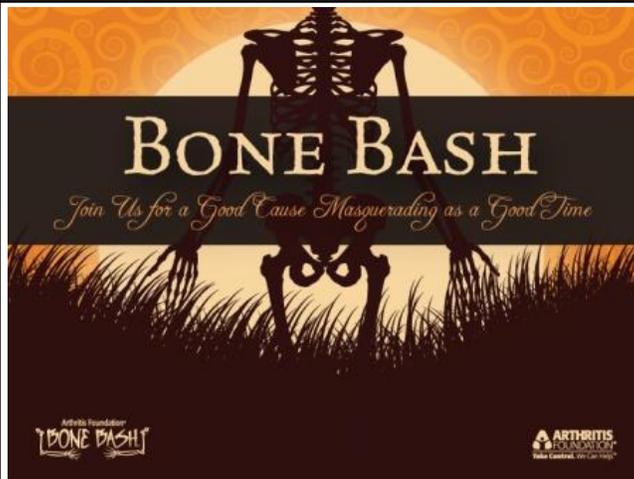
Douglas W. Lundy, MD, MBA, FACS



Dr. Lundy is an orthopaedic trauma surgeon at Resurgens Orthopaedics in Marietta, Georgia specializing in the care of patients with multiple injuries and complex fractures. He is co-President of Resurgens Orthopaedics; one of the largest orthopaedic practices in the country. He practices at WellStar Kennestone Hospital where he is co-Chair of the WellStar Musculoskeletal Service Line and past-Chief of Surgery. He is actively involved in many national and state surgical and orthopaedic societies. He is a Director of the American Board of Orthopaedic Surgery since 2012 and serves Chair of the Oral Examination Committee. He serves on the American Academy of Orthopaedic Surgeons' Council on Advocacy and Communications Cabinet, and he is past-chairman of the AAOS Medical Liability Committee.

He served on the Orthopaedic Trauma Association's Board of Directors as a Member-at Large leading the effort of the OTA to produce Performance Measures with the AAOS, and he now serves as Chair of the OTA Health Policy Committee. He serves on the American College of Surgeons' Orthopaedic Advisory Committee and the ACS Committee on Trauma. He is a past-President of the Georgia Orthopaedic Society and formerly served as Legislative Director. He also serves as a part-time Clinical Assistant Professor of Orthopaedic Surgery, Emory University School of Medicine covering call at Grady Memorial Hospital.

Dr. Lundy graduated from North Georgia College and the Medical College of Georgia and did his post-graduate training at Georgia Baptist and Vanderbilt University Medical Center. He received his Masters of Business Administration from Auburn University in 2014. He is very involved in foreign medical missions in Eastern Europe, Haiti, Asia and especially sub-Saharan Africa through the Christian Medical and Dental Association and the Pan-African Academy of Christian Surgeons. He has authored thirty-five manuscripts on orthopaedic surgery and has presented topics on orthopaedic trauma over 100 times both in the United States and abroad. He is an alumnus of the 2010 class of *Leadership Atlanta* and he was selected as one of the "Top Doctors in Atlanta" by *Atlanta Magazine* in 2011, 2012, 2013, 2014 and 2015. Doug is very interested in political advocacy to improve the care of injured patients. He has remained active in the Sigma Chi Fraternity at a national level where in 2011 he was given the lifetime achievement award of *Significant Sig*, and he assists the undergraduate chapters at Emory and North Georgia College.



DSOS is a Proud Supporter of the 6th Annual Bone Bash



The 6th Annual Arthritis Foundation Bone Bash will be held on Friday, October 30, 2015 at the Dupont Country Club (1001 Rockland Road Wilmington, DE 19803). The 2015 Delaware Bone Bash event is a Halloween-themed event that raises funds for the Arthritis Foundation. This costumed affair includes spooky decorations, costume contests, an auction and frightfully fun entertainment including music, games and much more!

Check-in for this Halloween themed, costumed affair begins at 6:00 p.m. with festivities kicking off at 6:30 p.m. All proceeds from this event benefit the Arthritis Foundation. This year's distinguished honoree is William Newcomb, MD, founding partner of First State Orthopaedics.

DSOS members receive one complimentary ticket to the Bone Bash so be sure to register today at <https://arthritismar.ejoinme.org/DelawareBoneBash>!! Select "DSOS Members" at checkout and use discount code DSOS15. Questions about the event may be directed to Lauren Yankolonis, Development Director, Maryland and Delaware of the Arthritis Foundation at 443-738-9621 or lyankolonis@arthritis.org.

Move Freely Without Pain Lecture Series

Sponsored by Christiana Care, the Move Freely Without Pain Lecture Series educates the public on a variety of topics related to bone and joint health. DSOS members are encouraged to participate and present their expertise as part of this annual public education series. The 2015 Move Freely lectures will focus on shoulders, hips and knees, and hands. For more information on these lectures, click on the lecture titles.

[Moving Freely Without Pain – Shoulders](#)

Wednesday, October 14, 6-7 p.m.

Eugene du Pont Preventive Medicine & Rehabilitation Institute – Room 100VC

[Moving Freely Without Pain – Hips and Knees](#)

Tuesday, October 27, 6:30-8 p.m.

John H. Ammon Medical Education Center, Christiana Hospital Campus

[Moving Freely Without Pain – Hands](#)

Thursday, November 12, 6-7 p.m.

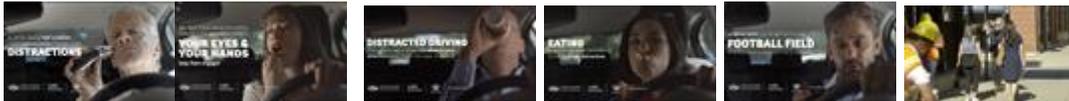
Eugene du Pont Preventive Medicine & Rehabilitation Institute – Room 100VC



DSOS Members: What's Your Biggest Distraction Behind the Wheel?

Did you know that the Delaware area—according to the 2009 U.S. Census Bureau—was one of the most populous metropolitan areas ranked eighth overall with highest number of motor vehicle crash deaths?

Since 2011, [Decide to Drive](#) (the Academy's distracted driving awareness campaign in partnership with the Auto Alliance) has sought to minimize distracted driving-related crash injuries. Believe it or not, orthopaedic surgeons would rather prevent bone and joint injuries than have to fix them. This year, Decide to Drive is showing that distractions—no matter how big or small—can divert attention away from the task of driving. The #NoSmallDistractions video series uses absurdity to illustrate the dangers of distracted driving.



Join the social media conversation by sharing the video links with #NoSmallDistractions and #DecidetoDrive on Facebook, Twitter and Instagram. If you have questions or comments about this video series, please contact Melissa Leeb, AAOS Public Relations Director at leeb@aaos.org or 847-384-4030.

Danger: “Digital Deadwalkers!”

Join the Academy in raising awareness of distracted walking

Distracted driving can cause crashes, injuries and death. It's a prevalent public issue that the American Academy of Orthopaedic Surgeons (AAOS) has championed for the last five years. But what about distracted walking? What are the consequences of pedestrians talking on the phone, texting, listening to music, or focusing on anything or anyone other than the task of getting where they need to go? Today, more and more pedestrians fall down stairs, trip over curbs or other objects, and in some instances, step into traffic, causing serious fractures and other orthopaedic injuries.

In fact, the number of injuries to pedestrians using their phones has nearly tripled since 2004, and surveys have shown that 60 percent of pedestrians are distracted by other activities while walking. Help the Academy spread the word on the dangers of distracted walking by:

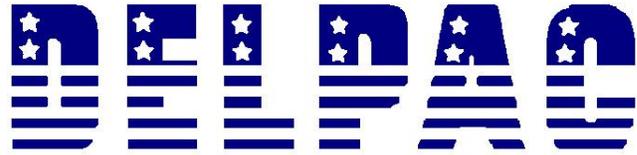
- Writing a letter to the editor, or a written opinion piece, for your local newspaper on distracted walking and the AAOS' “Digital Deadwalkers” PSA.
- Showing the “Digital Deadwalkers” PSA when you are out talking at community events, and/or in your office wait room.
- Tweeting or posting the PSA with a reminder to patients, family and friends to “engage” with their surroundings.

For more information on the “Digital Deadwalkers,” visit: OrthoInfo.org/DistractedPedestrians.



The Political Action Committee of the American Association of Orthopaedic Surgeons or “The Orthopaedic PAC” is the only national political action committee in Washington, D.C., representing Orthopaedic surgeons before Congress. We’re your voice, your strength, and your access in the nation’s capitol. When the Orthopaedic PAC makes a contribution, it sends a strong, collective and clear message from orthopaedic surgeons to the beneficiary. As the PAC grows, that message resonates louder. Orthopaedic surgeons around the country have joined the PAC to advance the collective voice of the orthopaedic community on Capitol Hill!

The [Orthopaedic PAC](#) specifically supports members of Congress and candidates for federal office who understand the issues orthopaedic surgeons face on a daily basis, and who will be sensitive to these concerns while in office. The PAC is a nonpartisan entity that contributes to Democrats, Republicans and party committees who share and support its views. The mission of the Orthopaedic PAC is to help advance the agenda of the American Association of Orthopaedic Surgeons and specialty societies by opening political doors and providing access to policymakers.



The Delaware Political Action Committee (DELPAC) is the vehicle through which Delaware’s physicians have a unified voice in the governmental process. The members are able to build relationships and effective communication with elected officials, ensuring that health care related issues of importance are being heard.

Through membership dues and additional donations, DELPAC contributes money to the campaigns of political candidates who carry the interests of medicine to the floor of the General Assembly in Legislative Hall. A financial contribution to DELPAC strengthens the Medical Society of Delaware’s voice in Delaware’s political arena.

When you support DELPAC, you also receive the added benefits of membership in AMPAC, the American Medical Association’s political action committee, as a portion of your contribution is given to AMPAC. To contribute to DELPAC, [please click here.](#)



SAVE THE DATE

2015

6th Annual Bone Bash
October 30, 2015

8th Annual Delaware Orthopaedic Symposium & DSOS Business Meeting
October 31, 2015

Medical Society of Delaware 226th Annual Meeting
November 21, 2015

2016

2016 AAOS Annual Meeting
March 1 - 5, 2016
Orlando, FL

2016 AAOS NOLC Meeting
May 4 - 7, 2016
Washington, DC

9th Annual Delaware Orthopaedic Symposium & DSOS Business Meeting
October 29, 2016

Membership Update

The Delaware Society of Orthopaedic Surgeons seeks to unite orthopaedic surgeons from around the state in promoting information to our members, policymakers, and the public about issues that affect the orthopaedists’ ability to provide timely and top quality musculoskeletal health care services to their patients.

DSOS welcomes new members:

Justin Connor, M.D.
Matthew Eichenbaum, M.D.

If you have a colleague who may be interested in joining DSOS please contact Megan Hayes at:
Email: Megan.Hayes@medsocdel.org
Phone: (302) 224-5181